AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS:

1-8. (Cancelled)

9. (Currently Amended) A method for treating conditions of the skin, hair selected from the group consisting of reducing hair loss and improving strength, volume and brightness, nails and/or overweight conditions of a human in need thereof, comprising orally administering to said human a combination product comprising:

a first composition (a) containing a green tea extract, vitamin C, zinc and optionally chromium, and

a second composition (b) containing at least iron and copper,[[,]]

said compositions (a) and (b) being separately and consecutively orally administered to said human, wherein zinc and iron are not simultaneously present in the same composition.

10. (Cancelled)

- 11. (Previously Presented) The method according to claim 9, wherein composition (a) contains at least one green tea extract, vitamin C, a zinc salt and a chromium salt, and composition (b) contains at least one iron salt and one copper salt.
- 12. (Previously Presented) The method according to claim 9, wherein it involves the administration of a daily dose of green tea extract of between 100 and 3000 mg.
- 13. (Previously Presented) The method according to claim 9, wherein it involves the administration of a daily dose of vitamin C of between 50 and 1000 mg.
- 14. (previously presented) The method according to claim 9, wherein it involves the administration of a daily dose of zinc of between 1 and 50 mg and a daily dose of chromium of between 0 and 300 μg .
- 15. (previously presented) The method according to claim 9, wherein it involves the administration of a daily dose of iron of between 1 and 100 mg, and a daily dose of copper of between 0.5 and 20 mg.

- 16. (Previously Presented) The method according to claim 9, wherein composition (a) is administered in the first part of the day and composition (b) is administered in the second part of the day.
- 17. (Previously Presented) The method according to claim 9, wherein it involves the administration of a daily dose of green tea extract of between 200 and 2000 mg.
- 18. (Previously Presented) The method according to claim 9, wherein it involves the administration of a daily dose of vitamin C of between 100 and 500 mg.
- 19. (previously presented) The method according to claim 9, wherein it involves the administration of a daily dose of zinc of between 5 and 20 mg, and a daily dose of chromium of between 20 and 100 μg .
- 20. (previously presented) The method according to claim 9, wherein it involves the administration of a daily dose of iron of between 5 and 50 mg, and a daily dose of copper of between 1 and 10 mg.
- 21. (Previously Presented) The method according to claim 9, wherein the green tea extract is present at a

concentration of between 2 and 50% by weight with respect to the total weight of composition (a).

- 22. (Previously Presented) The method according to claim 9, wherein the vitamin C is present at a concentration of between 0.5 and 50% by weight, with respect to the total weight of composition (a).
- 23. (previously presented) The method according to claim 9, wherein the zinc is present at a concentration of between 0.2 and 3% by weight, with respect to the total weight of composition (a) and the chromium is present at a concentration of between 0 and 1% by weight, with respect to the total weight of composition (a).
- 24. (previously presented) The method according to claim 9, wherein the iron is present at a concentration of between 0.2 and 10% by weight, with respect to the total weight of composition (b) and the copper is present at a concentration of between 0.02 and 1% by weight, with respect to the total weight of composition (b).
- 25. (Previously Presented) The method according to claim 9, wherein compositions(a) and (b) are in the form of

capsules, gel caps, tablets, pellets, powders or drinkable solutions.

26. (Cancelled)

27. (New) The method according to claim 9, wherein,
the first composition (a) further comprises selenium
to compliment or reinforce the green tea extract, the vitamin C,
the zinc and the optional chromium, and

the second composition (b) further comprises grape seeds extract, shark cartilage extract, and B-group vitamins to compliment or reinforce the iron and the copper.

28. (New) A method for treating skin conditions selected from the group consisting of improving skin hydration and reducing wrinkle depth of a human in need thereof, comprising orally administering to said human a combination product comprising:

a first composition (a) containing a green tea extract, vitamin C, zinc and optionally chromium, and

a second composition (b) containing at least iron and copper,

said compositions (a) and (b) being separately and consecutively orally administered to said human, wherein zinc and iron are not simultaneously present in the same composition.

29. (New) A method for treating nail conditions selected from the group consisting of improving nail hardness and reducing nail breakage frequency of a human in need thereof, comprising orally administering to said human a combination product comprising:

a first composition (a) containing a green tea extract, vitamin C, zinc and optionally chromium, and

a second composition (b) containing at least iron and copper,

said compositions (a) and (b) being separately and consecutively orally administered to said human, wherein zinc and iron are not simultaneously present in the same composition.